

AVOCADO JICIMA SALAD

INGREDIENTS

- 1 T** Lime juice
- 1 t** Sesame oil
- 1 T** Soy sauce (gluten-free) (low salt) **OR** Tamari (low salt)
- 1/4 C** Rice vinegar
- 1 t** Sugar
- Half** Avocado (California) (ripe) (large) (peeled) (seeded) (diced)
- 1 C** Jicama (shredded or grated)
- 1 C** Carrots (shredded or grated)
- 12** Rice crackers (medium-sized) (round)



DIRECTIONS

- 1** Prepare all vegetables & place in a bowl
- 2** For dressing, whisk lime juice, sesame oil, soy sauce, rice vinegar & sugar in another bowl
- 3** Combine dressing with avocado, jicama & carrots.
- 4** If shredding vegetables, spoon slaw on to crackers